Registered Clinical Psychotherapist (RCP) application guide

This guide details eligibility criteria and provides a preview of the questions you will be required to answer when submitting your online application form. If you have any questions, please email membership@pacfa.org.au.

Please note: this is **not** an application form. To apply, please fill in the online application form, and email your supporting documents to membership@pacfa.org.au.

Eligibility criteria:

- You **must** be an existing Clinical PACFA member
- You must have completed a course(s) with a minimum of 450 hours direct training contact (theory and practice) in psychotherapy
- All training included in your RCP application **must be additional to the training undertaken to join PACFA originally**. The first 400 hours of training included in your initial PACFA application cannot be used again for the 450 hours required in psychotherapy to gain the RCP title.
- You must have completed 200 hours of supervised client contact during training (maximum 50% of the supervision may come from group supervision of no more than six group members)
- You must have completed 150 hours of personal psychotherapy, either within or concurrently with training

Documents required for application:

- Prepare a written case study of a long-term client - approximately 1000 words in length, with a pseudonym used and any identifying information removed to protect client confidentiality
- Prepare a written description of your own psychotherapy training, philosophy, and practice experience
- Provide copies of your transcript(s) and graduation certificate(s) for each course included in the application

The following pages are a preview of the questions in the application form. To apply, visit the online application form - **do not use this document to apply.**

However, you may wish to fill in and refine your responses, and then copy and paste your final answers into the online form.

Psychotherapy Training Details

To join the College at Clinical level, you must have completed a dedicated psychotherapy training modality which involves a minimum of 450 hours of professional training in psychotherapy.

Psychotherapy modality	
Training course name	
Training provider name	
Level of training program (eg. Grad Dip, Masters etc)	
Length of training program (hours of study)	
Proportion of training delivered online (%)	
Country where psychotherapy study was undertaken	
How long did it take you to complete this training in years?	
When did you complete this training (month/year)?	

Duration of Training (course as named above) (450 hours is required)

1. Specify how many hours of theory was studied within the course	
2. Specify how many hours of client contact was included within the course	
3. Specify how many hours of supervision was required for the course	
4. Specify how many hours of personal psychotherapy was required for the course	

If you have completed other psychotherapy training, please repeat section for each relevant qualification

Additional Psychotherapy Training Details (if required)	
Psychotherapy modality	
Training course name	
Training provider name	
Level of training course (eg. Grad Dip, Masters etc)	
Length of training course (hours of study)	
Proportion of training delivered online (%)	
Country where psychotherapy study was undertaken	
How long did it take you to complete this training in years?	
When did you complete this training (month/year)?	

Duration of Training (course as named above) (450 hours is required)	
5. Specify how many hours of theory was studied within the course	
6. Specify how many hours of client contact was included within the course	
7. Specify how many hours of supervision was required for the course	
8. Specify how many hours of personal psychotherapy was required for the course	

TOTAL NUMBER OF HOURS OF PSYCHOTHERAPEUTIC TRAINING COMPLETED ACROSS ALL COURSES (MUST EQUAL 450 HOURS OR MORE)	

Psychotherapeutic formation	(150 hours of personal formation is required)
Name, contact details, and qualification of personal psychotherapist (if more than one, please list)	
Please specify the hours of personal psychotherapy you have undertaken since you started practicing (during training) as a provisional psychotherapist (total hours)	
Name, contact details, and qualification of supervisor (if more than one, please list)	

Additional experience	
Have you been employed as a psychotherapist? If yes, please list employer(s) and duration.	
Have you worked as a psychotherapist in private practice? If yes, please list practice address(es) and duration.	
Have you worked as a trainer/educator in your principal modality?	
Have you worked as a supervisor in your principal modality? If yes; • For Psychotherapy practitioners or trainees? • For Counselling practitioners or trainees?	

Written case study	
Please email a written case study of a long-term client - approximately 1000 words in length, with a pseudonym used and any identifying information removed	

Your personal philosophy and theory of Psychotherapy	
Please email a written description of your own psychotherapy training and practice experience in the context of the Entry Requirements of the College of Psychotherapy.	